Good morning, _name of school_. This is _name of narrator_ with a few words of wisdom.

During this time when we are all spending so much time at home and with our families, we thought we would share this. It was written by Kitty O’Meara and posted on Facebook by the Domestic Curator.

“And the people stayed home.
And read books, and listened, and rested, and exercised, and made art,
and played games, and learned new ways of being, and were still.
And listened more deeply.
Some meditated, some prayed, and some danced ….
And the people began to think differently ….
And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreams new imaged, and created new ways to live and heal the earth fully, as they had been healed.”

Let’s use this time to heal, think differently, dream new dreams, and make new choices.

With something to think about, this is _name of narrator_. Make it a great day . . . or not. The choice is yours.