Good morning, _name of school_. This is _name of narrator_ with a few words of wisdom.

As a nation, America has a long history of overcoming challenges. We pull together and we do what needs to be done. We set aside our differences and look for ways to cooperate.

The challenge we are facing today is the coronavirus. We will get through this difficult time as we have in the past. Hopefully, we will come out on the other side smarter, stronger, and better equipped to face the next challenge.

For now, we must listen to the experts and also do a few simple things: Keep our hands very clean by washing them frequently with lots of soap and warm water for at least twenty seconds. Avoid touching your eyes, nose, and mouth with unwashed hands*.

Just like times before, this challenge will pass. In the meantime, let's each do our best to help get through it together.

With something to think about, this is _name of narrator_. Make it a great day . . . or not. The choice is yours.

* CDC, Coronavirus Disease 2019 (COVID-19)